

Marriages Families And Intimate Relationships

The Science of Intimate Relationships Love and Intimate Relationships Couples Woman to Woman Understanding Marriage, Family, and Intimate Relationships Our Intimate Relationships Love and Intimate Relationships Intimate Partners Intimate Relationships Love and Intimate Relationships Sex, Love and the Dangers of Intimacy Intimate Relationships, Marriages, and Families Communication, Intimacy, and Close Relationships Building Intimate Relationships Intimate Relationships: Where Have We Been? Where Are We Going? Great Myths of Intimate Relationships Intimate Relationships Intimate Relationships across the Lifespan Intimate Relationships The Shadow Side of Intimate Relationships Garth J. O. Fletcher Norman M. Brown Barry Dym Daniela Granzotto Jerry D. Lehman Ollie Pocs Norman M. Brown Maggie Scarf Veronica Johnson Norman Brown Helena Lovendale F. Philip Rice Valerian J. Derlega Rita DeMaria Tai J. Mendenhall Matthew D. Johnson Ralph Erber Abdul Khaleque Ralph Erber Douglas Moseley

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provides a unique interdisciplinary approach to the science of intimate human relationships this newly updated edition of a popular text is the first to present a full blooded interdisciplinary and theoretically coherent approach to the latest scientific findings relating to human sexual relationships written by recognized leaders in the field in a style that is rigorous yet accessible it looks beyond the core knowledge in social and evolutionary psychology to incorporate material and perspectives from cognitive science including brain imaging studies

developmental psychology anthropology comparative psychology clinical psychology genetic research sociology and biology written by an international team of acclaimed experts in the field the science of intimate relationships offers a wealth of thought provoking ideas and insights into the science behind the initiation maintenance and termination of romantic relationships the 2nd edition features two new chapters on health and relationships and friends and family both of which shed new light on the complex links among human nature culture and romantic love it covers key topics such as mate selection attachment theory love communication sex relationship dissolution violence mind reading and the relationship brain provides a coherent and theoretically integrative approach to the subject of intimate relationships offers an interdisciplinary perspective that looks beyond social and evolutionary psychology to many other scientific fields of study includes two new chapters on relationships and health and friends and family added in response to feedback from professors who have used the textbook with their classes presented by recognized leaders in the field of relationships features powerpoint slides and an online teaching handbook the science of intimate relationships 2nd edition is designed for upper level undergraduate students of human sexuality psychology anthropology and other related fields

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everyone in or out of a relationship has wondered how couples work and what makes them successful or unsuccessful long lasting or short term in this insightful refreshingly nonjudgmental book barry dym ph d and michael glenn m d chart the stages of a couple s journey together and offer a provocative glimpse of the complex birth and development of intimate partnerships at the heart of couples the authors identify three distinct yet recurring stages common to all enduring relationships we learn that couples begin with a period of expansion and promise a time when each individual feels somehow larger more witty and charming in short the best person that he or she can be the intensity of expansion cannot last though and inevitably will move into contraction we each pull back into our more habitual ways enact or demand more stereotypical gender roles and feel disappointed and betrayed couples who weather the storm of contraction and long term couples will experience many of them will resolve their struggles and move into a time of resolution when intimacy is renewed and each individual can become more complete containing both their best and worst selves but couples is much more than a map illustrating their ideas with in depth examples drs dym and glenn reveal how a couple s identity is shaped by these stages and the powerful cultural expectations of society friends and family who tell us what a couple should be couples analyzes how recurrent patterns are established and the impact of gender issues children and the serious crises that occur in any lifetime finally the authors offer accessible suggestions for

applying these concepts to one's own relationship guiding couples and individuals in how to manage their own periods of turmoil and transition original engaging and thoughtful couples uncovers the essence of our most intimate relationship ultimately it offers a striking portrait not just of whom we love and why but who we are book jacket title summary field provided by blackwell north america inc all rights reserved

an exploration of the bonds that play a central role in women's lives and which are critical for a woman's sense of identity and emotional well being for the modern woman the need for love and acceptance from another has never been more important finding true love however has never been more fraught with challenge and adversity you may have experienced infidelity had a partner who fails to respect your boundaries or felt deeply sad and lonely in your marriage you could also be a woman who has a strong desire to marry but can't find your soul mate in woman to woman you will read about others who have experienced such challenges as well as those who were able to find fulfillment in their romantic relationships in their own words they talk about marriage sex infidelity divorce and single life entwined within their stories dr daniela granzotto discusses critical issues that characterize a healthy intimate relationship with frankness and warmth dr granzotto shares her expert knowledge and insight woman to woman to empower you with a better understanding of yourself and your love life

this introductory textbook is for students who are interested in learning about and establishing healthy marriage family and intimate relationships with divorce rates high and relationships fragile books and courses are needed that help students address important issues regarding relationships the readers of this text examine many important and relevant issues through the lens of theory and research and do so using a written format that is readable understandable and easy to apply to one's life it was written so that each chapter has information that readers will find helpful as they attempt to establish and maintain meaningful healthy relationships there are questions throughout each chapter that help readers focus not only on the material but also on how the material relates to their present and past relationship and family situations the text provides material on the research of john gottman the object relations theory of harville hendrix the solution focused approach of michele weiner davis and the prep approach to conflict management of markman stanley and blumberg these and other topics discussed are very relevant to students' concerns and are addressed in greater depth than found in most other texts the emphasis is not just on couple relationships but also on family relationships therefore in this book there is extensive coverage of family systems theory and the influence of family rules and family structure on the development of families there is also material on how change produces transitions in family life that must be assimilated into the family structure—for example when a couple has their

first child thus both couple and family issues are addressed throughout the book for instructors who want to focus their courses on marriage family and intimate relationships this book would be an ideal choice a study guide for students and instructional material for instructors can be obtained by visiting understandingrelationships.net

using a style that draws students into the ongoing inquiry into how intimate relationships work love and intimate relationships investigates the life cycle of relationships influences that affect them theories behind them and ways to improve them dozens of stories from students themselves case examples and over 150 tables figure and the cartoons of don edwing of mad magazine help bring the material alive the book is also unique in exploring aspects of human relationships not covered in other textbooks on the subject love and intimate relationships helps bring the complex issues surrounding intimate relationships into focus for students from diverse backgrounds the multidisciplinary perspective of the textbook makes it ideal for introductory courses in psychology marriage counseling human relations and sexuality and interpersonal relationships

anyone involved in embarking on or yearning for an intimate relationship should buy borrow or steal intimate partners new woman what goes on in our intimate attachments what patterns of relationships do couples tend to follow and why the bonds we create affect every aspect of our lives and yet our grasp of them is limited by our emotional reactions and learned responses now in intimate partners bestselling author maggie scarf gives us the classic book on marriage on how love relationships are formed and how they change over the course of the marital cycle here you ll discover how to understand one s inherited emotional history and how fits with a partner s the fascinating ways in which power and control and intimacy and autonomy exert strong effects upon the kind of partnership two people create surprising observations on the role of sex and the impact of children on marriage why change can be experienced as a form of betrayal and how to ensure that a relationship matures with and is not impeded by each individual s growth simple exercises that couples can do to resolve tensions and change the nature of the world they share verbal and physical techniques to cope with sexual difficulties and enliven a couple s connection during sex straightforward methods for how to engage in healthy not dysfunctional quarrels intimate partners is a book that changes not only how we view love relationships but also how we live them every marriage contains a story and it begins long before the wedding maggie scarf tells us in her ambitious thought provoking ultimately compelling study read it and feel consoled usa today listen to maggie scarf and you ll come away thinking that yes marriage can be tough living long term with another person is one of the greatest challenges there is but it s well worth the effort chicago tribune provocative scarf writes lucidly and convincingly the washington post

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in intimate relationships skills and strategies that lead to success editors veronica johnson kimberly parrow and sara polanchek bring together a collective of voices from different fields and perspectives to offer readers a comprehensive and practical guide to intimate relationships the text considers all varieties of intimate relationships including familial relationships friendships romantic relationships and sexual relationships through revealing narratives and research readers are encouraged to consider the many identities we each bring into our relationships as well as how the practice of inclusivity and a greater understanding of differences can enhance intimacy dedicated chapters address the role of technology in modern relationships interpersonal communication about sex emotional intelligence and managing conflict readers learn about the connection between friendship and mental health functioning issues related to breakups blended families and dating later in life each chapter features contextual information reflection questions activities and recommended reading to enhance the learning experience designed to provide readers with skills and knowledge they can apply in their everyday lives intimate relationships is ideal for courses in psychology counseling counselor education and others within the helping disciplines

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case studies offer insight into how to make relationships work each chapter contains such exercises as breathing exercises making a timeline of the relationship and thoughts to ponder

a introductory text describing changes in intimate relationships over the life span with sections on social and psychological perspectives the nature of intimate relationships marriage and family relationships the family as a unit and conflict in marriage discussions photos emphasize diversity

communication intimacy and close relationships offers an account of the nature of intimate

relationships and their effects on people's self-concepts the development and maintenance of intimate relationships are examined along with people's motives and goals in pursuing intimacy the nature of social exchanges in intimate relationships and the consequences for individuals who find themselves socially isolated the critical role of communication in intimate relationships is given emphasis comprised of seven chapters this book begins with a discussion on the role of self-disclosure in intimate relationships as well as the risks that individuals incur when they self-disclose the next chapter presents a cognitive interaction model of the nature of intimacy and intimate relationships within the context of cognitive social learning theory and a systems theory approach to communication the effect of people's motives on relationships is then considered together with the role of two fundamental human motives power and intimacy on love and friendship the remaining chapters focus on the importance of the identification process that is how people fix their own and others' identities in social interaction in developing relationships patterns of nonverbal exchange in close relationships how and why loneliness occurs and the nature of social exchange processes in intimate relationships the book concludes with an epilogue that provides a perspective on why people may find it difficult or easy to form intimate relationships this monograph should be a valuable resource for psychologists and sociologists

the pairs course acts as a kind of bridge between marriage education and therapy working both with couples in healthy relationships hoping to improve intimacy and with distressed couples trying to save their marriages building intimate relationships is an edited work with contributions from the creator of the pairs program and the most experienced pairs leaders it describes the elements of the pairs course and discusses the application of the theories and techniques taught in the pairs program chapters include discussions on intimacy communication conflict resolution emotional literacy sensuality and sexuality spirituality and gender issues

intimate relationships where have we been where are we going is an innovative text that focuses on the interpersonal dynamics of couples and on the dynamics of couples in context we explore how intimate relationships evolve and develop and how they succeed or fail we talk about a variety of important relationship topics and skills including early attachment courtship and dating marriage sexuality gender power communication conflict resolution relationship problems e.g. abuse infidelity divorce couples enrichment and couplehood over the life course the science of these foci as studied by sociologists social psychologists anthropologists historians couple and family therapists and family social scientists is incorporated throughout this revised text was written in collaboration with students undergraduate graduate and alumni from the university of minnesota all connected through

an extraordinary class about some of the most important things in our lives love intimacy healing and growth

great myths of intimate relationships provides a captivating pithy introduction to the subject that challenges and demystifies the many fabrications and stereotypes surrounding relationships attraction sex love internet dating and heartbreak the book thoroughly interrogates the current research on topics such as attraction sex love internet dating and heartbreak takes an argument driven approach to the study of intimate relationships encouraging critical engagement with the subject part of the great myths series it s written in a style that is compelling and succinct making it ideal for general readers and undergraduates

the fourth edition of this bestselling textbook offers a comprehensive examination of intimate relationships it covers classic and contemporary scholarship of the psychology of relationships presenting the material in an engaging and rigorous manner the book covers a range of themes to explore the multifaceted dimensions of relationships from the evolution of attraction and love to the intricacies of attachment and complexities of jealousy written in a warm and personal voice each chapter features real life stories to stir readers engagement while critical thinking prompts encourage reflection on both the presented issues and theories adopting an interdisciplinary perspective firmly anchored in research this new edition stays abreast of the evolving landscape of relationship science it has been carefully updated to present the latest findings and includes new material on intriguing subjects such as sexual pathways online dating the far reaching impact of covid 19 open science and the diverse fabric of 21st century relationships including interracial and lgbtq dynamics cohabitation and singlehood written for students and any reader keen on understanding the intricacies of romantic relationships intimate relationships is ideal reading for undergraduate students of psychology sociology and related disciplines or as an enriching supplement for graduate studies

this comprehensive research based book is a next generation study of intimate relationships that explores implications for health and well being across cultures genders and traditional as well as non traditional relationships this book fills the need for a contemporary analysis of intimate relationships and their implications for people s health well being and quality of life it covers topics not ordinarily included in textbooks on this topic in non traditional areas such as lgbt relationships the text also addresses intervention strategies for relationship problems and offers tools and techniques for assessing intimate relationships chapters are organized to present information about the origin formation development enrichment and maintenance of intimate relationships in a way that allows readers to build upon what they have learned the

text provides integrated and evidence based information on almost all aspects of intimate relationships and will be of interest to undergraduate and graduate students as well as faculty in family studies psychology and other social sciences moreover counselors clinicians and therapists working on conflict violence abuse maladjustment depression deterioration dissolution reconstruction and enrichment of marital and non marital intimate relationships will find this text valuable for their practice

intimate relationships covers both classic and current material in a concise yet thorough and rigorous manner chapters range from attraction to love attachment to jealousy conflict to relationship dissolution all written in a warm personal and engaging voice each chapter is organized around the major issues and relevant theories in addition to a critical evaluation about the research when appropriate the authors discuss and evaluate popular ideas about relationship processes in the context of scientific research this includes critical evaluations of evolutionary approaches to attraction victim based accounts of abuse and the separate cultures view of the sexes

the shadow side of intimate relationships takes a very real look at intimate relationship and what is occurring beneath each partner s surface awareness when un nourishing patterns of behavior begin to get locked into place it sheds light on aspects that intimate partners seldom recognize or want to confront and takes the view that both partners must become more aware of themselves at deeper levels warts and all if they want to experience an authentic enduring love doug and naomi moseley are experts when it comes to the underbelly shadow side of relationships this book is a must read for folks who desire a deeper understanding of marriage dynamics john bradshaw author healing the shame that binds you a real book for real people who are lost in power struggle and want to find their way to love and passion in marriage john gray ph d author men are from mars women are from venus with incredible clarity uncompromising truth and rare and refreshing wisdom the moseleys have written a life changing book that will help couples create profoundly intimate relationships marriage magazine terrific a great leap forward in the process of personal development through relationship very highly recommended brugh joy m d f a c p author joy s way avalanche the authors have managed to integrate deep psychological information into a down to earth workable model this book is a must read for individuals couples and helping professionals pat love ed d past president international association of marriage and family counselors co author hot monogamy an invaluable resource for understanding the full range of life s most rigorous spiritual practice the art and craft of relationship this book gives a realistic and inspiring vie w of ho w enriching and challenging an authentic intimate relationship can be angeles arrien ph d cultural anthropologist author the four fold way signs of life

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